

## Decoding how technology influences and can improve public health



## SMS USA PHASE FIVE RANDOMIZED CONTROLLED TRIAL (RCT): 4 WEEK FOLLOW-UP SURVEY (VIA TEXT MESSAGING)

[text 1] Hi! The SMS USA project here. We have a few quick questions to see how things are going. Your honesty will help us improve the program. And, you'll get \$10! [Question ID: 7]

[text 2] First, please text the # of text messages you've received from the SMS USA project in the past 24 HOURS (don't include your buddy or crave messages). [Question ID: 8]

[text 3] Now, how many messages have you received from the SMS USA project in the past 7 DAYS (don't include your buddy or crave messages). Your best guess is fine. [Question ID: 9]

[text 4] Of the messages you have received from SMS USA in the past 7 DAYS, what percentage of messages have you read? Your best guess is fine. [Question ID: 10]

[text 5] Have you used any quitting aids during the SMS USA program like Chantix, Zyban, the patch, gum, or other nicotine replacement? Text 1 for yes, 2 for no [Question ID: 11]

[text 5a] What type of quitting aid(s) did you use? Please text the names of all that you used. [Question ID: 12]

[text 5b] You're just 5 questions away from \$10. Great! Did you ever forget to take your quitting aid (medicine) in the past 4 weeks? Text 1 for yes, 2 for no [Question ID: 13]

[text 5c] Are you careless at times about taking your quitting aid (medicine) in the past 4 weeks? Text 1 for yes, 2 for no [Question ID: 14]

[text 5d] When you felt better, did you sometimes stop taking your quitting aid (medicine) in the past 4 weeks? Text 1 for yes, 2 for no [Question ID: 15]

[text 5e] If you felt worse when you used your quitting aid (medicine), did you ever stop taking it in the past 4 weeks? Text 1 for yes, 2 for no [Question ID: 16]

[text 6] Before, you gave us two names to verify your smoking status. Is the info still right? Text 'yes' or the updated contact info. [Question ID: 17]

[text 7] Thanks for your honesty. Just 1 more q and you've got yourself \$10! Have you had a cigarette, even just a puff, in the last 7 days? Text 1 for yes, 2 for no. [Question ID: 18]

[text 8] That's all of the questions we had for you today. You have successfully completed the 4-week follow up, and earned the \$10 incentive. Thanks! [Question ID: 20]